



Corpus Christi
Catholic Church

March 8, 2026 Third Sunday of Lent



WE REFORM

Sunday Masses

Saturday: 17h00

Sunday: 10h00

Sunday: 15h00 *

* in Tagalog and English
with visiting priest Fr. Jerome Pastores

Reconciliation

By appointment, or ½ hour before Mass
(1st Fridays & 1st Saturdays from 8:30am,
Saturdays from 4:30 pm, and,
Sundays from 9:30am)

Weekday Masses

Tuesday: 19h00
(Rosary at 18h30 – Mass includes a
devotion to Our Lady of Perpetual Help)

Wednesday: 9h00

Thursday: 9h00

Friday: 9h00
(followed by Adoration)

First Saturday: 9h00
(Rosary at 8h30, and followed by Adoration)

Welcome to Corpus Christi Parish

We hope our community will be a place where your life and faith can be nourished. Your talents, prayers, time and presence are all very welcome.

MASS SCHEDULE & INTENTIONS

FIRST Sat. March 7		ADORATION
9 am	Monique's children & grand-children	(Monique)
Saturday March 7		
5 pm	† Pierre Dagher †	(Noelle & family)
Sunday March 8	THIRD LENT	
10am	† souls in purgatory †	(Potts family)
	† Deceased members of the Aponte Martinez family, particularly for Arnaldo Aponte, Virginia Martinez & their son, Fr. Jose Ignacio Aponte Martinez	
3 pm	(in English & Tagalog)	
Tuesday March 10		
7 pm	For the intentions of the People of the Parish	(PRO POPULO)
Wed. March 11		
9 am	Thanksgiving	(Campbell family)
Thursday March 12		
9 am	Monique's children & their families	(Monique)
Friday March 13		ADORATION
9 am	† Souls in purgatory †	(Potts family)

SANCTUARY LAMP – For the week of March 8

For strength to those who's faith is being tested by events or assailed by doubts

PAPAL INTENTIONS for MARCH 2026 – For disarmament and peace – Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

Please pray for those who are sick and for those who suffer, for those who have died and for those who mourn, and ask special blessings for:

Ghislaine Balkar; Michael Dagher; Kiana Dyson, Lorant Otvos;

†Diane Claire Lafave Bissegger; †Joseph J. Bourdeau; †Tyler Buenviaje;

†Pierre Carle; †Gregory Carson; †Charles (Chuck) Colomb; †William (Bill)

Cosgrove; †Andy Csisztu; †Pierre Dagher; †Heidi Dallenbach; †Gene Gauzer;

†Val Hulse; †Lily Kemp; †Ester Mabilangan Carpio; †Donald "Ian" MacDonald;

†Brenda Gremli Marshall; †S.K. Eugene Osidacz ;†Joseph André Jean Plante;

†Jonathan Potts; †Abbé Pierre Senez; †Fr Mike Shaw; †William "Bill" Simpson;

†Logan Stretton; †Ronald Gordon Stuart; †Catherine Tucker; †Eunice Uguw

To add the name of someone for whom you would like prayers, please contact the Parish Office at 514-450-3896 or office@corpuschristiparish.ca

PARISH PRAYER GROUPS – All prayer requests are welcome.

† Rosary & Novena to Our Lady of Perpetual Help

Tuesday Evening, 6:30 - 7 pm, at Corpus Christi before Mass

† Men's Prayer Group, Last Wednesday of the month, 8 pm

† Online Rosary, Wednesday evenings, 7 pm, via ZOOM

<https://us02web.zoom.us/j/2524950337?pwd=Y1VlFBUmQ2ckU5QjZCQWw3NDNpZz09>

Meeting ID= 252 495 0337

Passcode: 082853

† Online Chaplet of Divine Mercy, Thursday evenings, 6:30 pm, via ZOOM

Contact the Parish Office to be added to the **private ZOOM link**

† Online Rosary, Saturdays, 7:30pm, via ZOOM, <https://us04web.zoom.us/j/73141692808?>

Stations of the Cross

You are welcome to join with those praying the Stations of the Cross, **Fridays during Lent, 6:30pm, through to March 27.** Consider adding this devotion to your Lenten activities.



Please pray for our Alpha sessions, that the Holy Spirit will continue to reveal the love of the Father and that it will grow and bear abundant fruit, especially in those attending Holy Spirit Day here, this Saturday, March 8, 9:30 am – 4pm.

Coffee Sunday

Bring something to share for Coffee Sunday **after 10am Mass, this Sunday, March 8.** Stay and enjoy a hot drink and a treat, meet new parishioners and old friends. . Everyone is welcome!



Baptism



We welcome **Stephen Michael Farrow** to the Church family, Sunday, **March 8, at 10am Mass.** Our prayers and blessings are extended to him, his parents, **Josiah Farrow and Laura Espinosa**, their family and friends on this special occasion.

Women's Fellowship Brunch

All women are invited to our next buffet-brunch, at **10 am, Saturday, March 14**, in the Parish Hall. We pray a Rosary at 9:30am beforehand. Feel free to invite a friend. Come share a cup, a chat and enjoy fellowship. RSVP at office@corpuschristiparish.ca



Daylight Savings Time begins this Sunday as local daylight time reaches 2 am and clocks are turned **forward by 1 hour.**

Double up Sunday – this weekend, March 7-8

In light of helping to eliminate the Corpus Christi deficit, our Wardens have introduced Double up Sunday **on the second weekend of the month.** They ask that you consider doubling your contribution for that one week each month, if you are able to. If not completely doubling-up, perhaps adding a fixed extra amount, whatever you can afford. We are working to make sure Corpus Christi has a long and bright future. With sincere thanks from the Corpus Christi Wardens.



Lent, Holy Week and Easter 2026



Stations of the Cross
every Friday to March 27

- **6:30 pm**



Parish Lenten Recollection: "Father and Son"
Tuesday, March 14 (complete details poster, p.5)

- **6:30 pm**, Inspirational talks by Fr. Lafontaine, EV
Confession available through the evening
- **8:30 pm**, Mass, followed by Fellowship & refreshments (bring something to share)



Palm Sunday, March 28 / 29

- **5 pm** (anticipated Mass) – March 28
- **10 am** Mass
- **3 pm** Mass in English & Tagalog



Holy Thursday, April 2
(No 9am Morning Mass)

- **7 pm**, Mass of the Lord's Supper
- **to midnight**, Eucharistic Adoration after Mass



Good Friday, April 3
(No 9am Morning Mass)

- **10 am**, Children's Way of the Cross
- **10 am – noon**, Confession
- **3 pm**, Commemoration of the Lord's Passion, Veneration of the Cross



Resurrection of the Lord – EASTER
The Great Easter Vigil, Saturday, April 4
(No 5pm Evening Mass)

- **7:00 pm**

Easter Day, Sunday, April 5

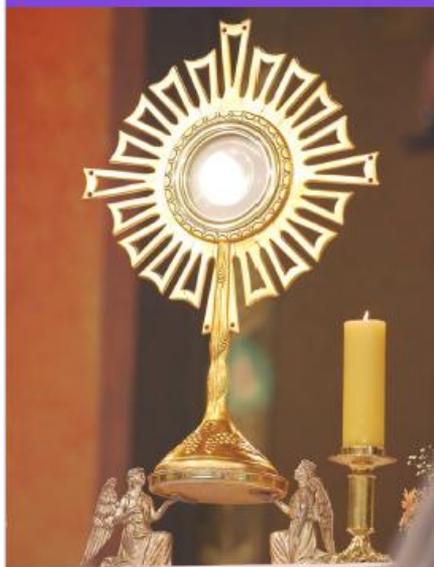
- **10 am** Mass, followed by a Pot-Luck Get-Together (bring a dish to share)
- **3 pm** Mass in English & Tagalog

Corpus Christi Parish Lenten Recollection

Father and Son: From the Heart of Joseph to the Prayer of Jesus

Tuesday, March 17, 2026
6:30 - 8:30 p.m.

- 6:30 p.m. - Talk 1: The Heart of Joseph
- Confession
- 7:15 p.m. - Adoration and Benediction
- 7:40 p.m. - Mass
- Homily (Talk 2): The Prayer of Jesus
- 8:30 p.m. - Fellowship and Refreshments



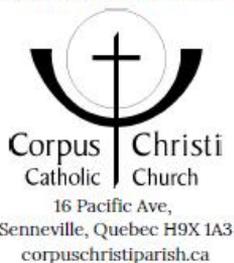
Speaker and Celebrant

Father Raymond Lafontaine, E.V.

Episcopal Vicar for the English-speaking Faithful
Roman Catholic Archdiocese of Montreal
Pastor of St. Veronica's Parish, Dorval

Fellowship

At the conclusion of Mass, there will
be a potluck gathering in the hall.
You are invited to bring a dish to share.



Corpus Christi
Catholic Church

16 Pacific Ave,
Senneville, Quebec H9X 1A3
corpuschristiparish.ca

WEEKLY SUNDAY COLLECTIONS INFORMATION

Collections for the week ending Sunday, February 8, including transfers of weekly and monthly pre-authorized Direct Deposits: \$ 3692.60

The average amount needed each week for running the parish is: \$ 5200.00

The current Parish Deficit to date is (\$5900.00).

THANK YOU FOR CONTRIBUTING TO THE SUPPORT OF THE PARISH.



Information Evening on the Permanent Diaconate Tuesday, March 10, 7:30 – 9 Pm

Candidate must: be a baptized Catholic male, aged 35–55; single, or married for at least 10 years; actively involved in parish or diocesan life; having completed secondary education (Sec. V/Gr. 11) or higher
Please confirm your attendance: reblanc@diocesemontreal.org
(GRAND SÉMINAIRE DE MONTRÉAL, 6895 Boyer St., Montreal, QC)

Consider a vocation as a Secular Franciscan

Are you searching for a way to renew your baptismal commitment, to deepen your relationship with the Lord, and to give witness to the Kingdom of God? The Lord may be inviting you to consider a vocation as a Secular Franciscan.



Info: Eric Lasota at 514-441-5266, ericlasotaoo7@gmail.com or
https://mailchi.mp/a5a7fde34cb5/secularfranciscans_gv_20231007

Join the Dominican Laity of Saint Dominic

Interested in becoming a lay Dominican? Join the English-speaking Order of Preachers in Montreal and explore St. Dominic's Prayer, Study, Community, and Apostolate. <https://dominicains.ca/en/secular-fraternities/>
For Montreal information:

https://mcusercontent.com/b836394aeebd8327dcfa37914/files/f03bd926-27e1-66bc-8d34-a39a251bd51e/OP_N2_Dominican_Lay_2025.pdf



PRAYER

A season of deeper listening and renewed relationship with the Lord.

For Adults

Daily Prayer and Online Retreats

- Hallow (Lenten reflections and prayer series) - <https://hallow.com>
- Ignatian Spirituality (Lent Resources) - www.ignatianspirituality.com
- Loyola Press 3-minute Retreats - www.loyolapress.com/3-minute-retreats-daily-online-prayer/
- Pray As You Go – <https://pray-as-you-go.org/home/>
- Pray More Lenten Retreat - <https://praymoreretreat.org/>

Daily and Sunday Reflections

- Dynamic Catholic, Best Lent Ever - www.dynamiccatholic.com/lent.html
- Loyola Press Daily Lenten Reflections - www.loyolapress.com/catholic-resources/liturgical-year/lent/living-lent-daily/
- Word on Fire Lenten Reflections - <https://stpaulcenter.com/media#sunday-bible-reflections>

Novena

- Novena for Lent Preparation - <https://novenastosaints.com/novena-for-lent-preparation/>

For Families and Children

Stations of the Cross

- Catechism Angel, Printable Stations for Children – <https://catechismangel.com/2020/09/03/free-printable-and-on-line-stations-of-the-cross-for-children/>
- Catholic Printables for Kids, Way of the Cross – <https://catholicprintablesforkids.com/wp-content/uploads/2025/03/Way-of-The-Cross-Free-Printable-1.pdf>
- Printable Stations (Holy Rosary Cathedral) – www.holyrosarycathedral.org/wp-content/uploads/2019/03/click-here.pdf

Additional Lenten Resources

- Catholic Apostolate Center (Resources for Lent & Easter) – www.catholicapostolatecenter.org/lent-and-easter-resources.html
- Lent, Printable Resources for all Ages - www.looktohimandberadiant.com/2025/02/alllllll-all-about-lent-holy-week.html
- Loyola Press family-friendly Lent materials – www.loyolapress.com/catholic-resources/liturgical-year/lent/

Video Resources

- CCCB Journey Through Lent, Weekly Video Reflections – www.cccb.ca/announcement/2026-journey-through-lent-weekly-video-reflections/

In-Person Retreat Opportunities

- Ignatian Spiritual Centre of Montreal (silent and directed retreats) - <https://ignatiancentremtl.org/retreats/>
- Mary Queen of the World retreat [Home 2026 - careme](http://Home2026-careme)
- Newman Centre Lent bit.ly/LentActivitiesNewmanCentre
- St. Veronica's parish Lenten Mission bit.ly/LentenMission_MakeRoomforPeace

FASTING AND ABSTINENCE

A time to let go of what distracts us and rediscover what truly sustains and nourishes us

- Lenten Observances (EWTN) - <https://ewtn.co.uk/chpop-your-catholic-guide-for-fasting-abstinence-during-lent-according-to-church-teaching/>
- Pope's Messages for Lent 2026 – www.vatican.va/content/leo-xiv/en/messages/lent.index.html
 - *Listening and Fasting: Lent as a Time of Conversion* - www.vatican.va/content/leo-xiv/en/messages/lent/documents/20260205-messaggio-quaresima.html



ALMSGIVING

A call to open our hands and hearts in concrete love of those in need

- Catholic Action Montreal – www.canadahelps.org/en/charities/action-catholique-montreal-catholic-action-montreal/
- Development and Peace, Lent 2026: highlighting their partner *Justiça nos Trilhos* who succeeded in making a difficult choice when an 892 km railroad was built to service one of the worlds largest open-pit iron ore mines in North-East Brazil. –



<https://devp.org/en/campaign/on-track-for-justice/resources-lent-2026/>

- English Speaking Catholic Council – www.canadahelps.org/en/charities/english-speaking-catholic-council-inc-conseil-catholique-de/

We hope these resources will assist you in supporting you as you seek to grow in prayer, embrace sacrifice with purpose, and practice generosity in this holy season.

**First Reading:**

Exodus 17: 3-7

*Give us water to drink.***Responsorial Psalm:**

Psalm 95: 1-2, 6-9

*℟: O that today you would listen to the voice of the Lord.***Second Reading:**

Romans 5: 1-2, 5-8

*God's love has been poured into our hearts through the Holy Spirit that has been given to us.***Gospel:**

John 4: 5-42

*The water that I will give will become a spring of water gushing up to eternal life.*For further reflection on the Readings and Gospel, visit: <https://readings.livingwithchrist.ca/>**Questions to Ponder** (from <https://pastoral.center/>)

- ▶ How can I reach out to someone who is different from me or who may feel alone?
- ▶ Name some times when your belief in Jesus helped make you stronger.

ON THE LITURGICAL CALENDAR

The feast days of the Church are not just the commemoration of historical events; they also look to the present and the future, and give us an insight into our own relationship with God.

The month of March is dedicated to Saint Joseph, spouse of the Blessed Virgin Mary and foster-father to Jesus. His feast day is on March 19 and is usually the only Solemnity celebrated in the Lenten season. (March 10 -19 – Novena to St-Joseph)

March 7 – **Saints Perpetua and Felicity**, a noblewoman & her slave, Martyred as catechumens and pregnant during the persecution by Emperor Severus

Sunday, March 8 – **International Women's Day**

A global holiday celebrated annually as a focal point in the women's rights movement, bringing attention to issues such as gender equality, reproductive rights, and violence and abuse against women.

March 8 – **Saint John of God**, Religious, founded the Order of Charity and the Order of the Brothers Hospitallers of Saint John of God; Patron of hospitals, nurses and sick people, booksellers, printers, heart patients, firefighters

March 9 – **Saint Frances of Rome**, mother, widow, Benedictine Religious, foundress of the Collatines, patroness of widows and automobile drivers

March 9 – **Saint Dominic Savio**, blessed with spiritual gifts far beyond his age – knowledge of people in need, knowledge of the spiritual needs of those around him, and the ability to prophesy, patron choirs, choirboys, boys, and juvenile delinquents

March 10 – **Saint John Ogilvie**, convert, Jesuit, Martyr, only officially recorded Scottish martyr

March 13 – **Saint Leander of Seville**, monk, Bishop, fought against Arianism and used the Nicene creed in his mass

March 14 – **Saint Matilda**, Queen of Germany, founded several Benedictine abbeys, known for her generosity; Patron of death of children, disappointing children, falsely accused people, large families, people ridiculed for their piety, queens, second marriages, widows

COMMUNITY RESOURCES AND SERVICES

For abuse-related complaints or concerns contact the **Diocesan Ombudsman, Me. Marie Christine Kirouack, Ad. E.**
plainte@ombudsman-ecm.com , 514-PLAINTE or 514-752-4683

Some spiritual support services in our region:

SASMAD: Spiritual support service for the elderly or sick at home
 Available 7 days a week, from 10 am to 4 pm at 1-888-305-0994

Carmelite Sisters: 514-271-6957

Missionary Recluses: 514-648-6801

Le Pèlerin: Spiritual accompaniment 514-737-6262, info@lepelelin.org
www.lepelelin.org/portail/nos-services/laccompagnement-spirituel/

The Ignatian Spirituality Centre of Montreal 514-481-1064,
 For spiritual accompaniment or direction <https://ignatiantremtl.org/>

Spiritual Support Line 1-888-305-0994

For more resources, call 211, www.211.ca

A.A.	514-376-9230
Al-Anon (Families of Alcoholics)	514-866-9803
Archdiocese of Montreal	514-931-7311
Catholic Action Montreal	https://catholicaction.ca/
Eden Invitation – for Catholics with LGBTQ+ experiences looking for "community with others who desire a way of life in congruence with Christ and His Church"	www.edeninvitation.com
Gambler's Anonymous, Montreal	514-484-6666 http://gamontreal.ca/
Gam Anon (for those affected)	514-484-6666
Catholic Cancer Connection www.facebook.com/groups/664142594894288	Debbie: 514-674-1233 catholiccancerconnection@gmail.com
Episcopal Vicar - Fr. Raymond Lafontaine	514-931-7311
MOMENTUM – support for Catholic single mothers	https://www.momentummothers.org
Quebec Life Coalition: – Pregnant? Worried? Need Help?	1-855-871-4442 514-344-2686
Red Bird Ministries (Support after loss of a child)	www.redbird.love/
Tel Aide (listening line)	514-935-1101
Violence S.O.S. Hotline	1-800-363-9010
Volunteer community@volunteerwestisland.org	514-457-5445
West Island Women's Shelter (https://wiws.ca)	514-620-4845
Widow and Widower Support Group	1-888-305-0994 (SASMAD) 514-925-4300 ext.354

Stay Informed

Parish news can be found at www.corpuschristiparish.ca.

For **news from the diocese**, subscribe to the Newsletter of the Catholic church of Montreal www.diocesemontreal.org/en/news-and-info/newsletters The diocesan **Grapevine** includes the latest information about what is going on the Montreal English Catholic community: thegrapevine@diocesemontreal.org

CORPUS CHRISTI PARISH CONTACTS

A community of faith – A place of service – A home for all

Parochial Administrator: Father Stephen Otvos 514-457-3896
fr.stephen.otvos@corpuschristiparish.ca

Parish Secretary*: * Johanne Babb 514-457-3896

Church Office Hours: Tuesday – Friday, 9:30 am – 1:30 pm
Contact the office for: office@corpuschristiparish.ca

Accountant: Bill Fletcher 514-501-8800

Wardens

Ron Barrowcliffe	514-457-2854	2026
Ken Bell	514-883-7738	2027
Jean Foster	514-457-9288	2027
Kevin Shanahan	514 994 5598	2026
* Stan Vincelli	514-975-7749	2028
Wally Rowcliffe	514-916-0277	Chair

***Pastoral Council** Jules Aubé (chair) 438-257-1477 jules.aube@videotron.ca
* Members of the Pastoral Council have an asterisk before their name

Faith Formation 514-457-3896 ccfaithfirst@gmail.com
* Evelyn Campbell, (Parish Catechetical Leader)
Carol Ruano, (Assistant PCL)

Altar Society Denise Fidia 514-619-4858 denise.fidia@gmail.com

Baptismal Team * Philomena Netto 514-694-0522 corpuschristibaptism@gmail.com

Knights of Columbus GK Marc Rispler 514-694-8366 marc.rispler@videotron.ca

Parish Pantry Karen Berardi karenlaporte29@yahoo.com

Pastoral Home Care * Anne Parsons, Dan Wheeler pastoralhomecare@gmail.com

Prayer Team Terry Girouard 514-777-7592 terry@evanov.ca

Readers Neville Lyall 438-883-9217 nevillelyall@gmail.com

Responsible Pastoral Ministry RPM@corpuschristiparish.ca

Sacristan / Eucharistic Ministers / Altar Servers
* Marites Gannaban 514-425-6040 gannabanm@hotmail.com

Social Action & Social Justice

Social Events * Rose Marie Colameo rosiecheeks_1@msn.com

Twin Hearts Alliance / Filipino-English Mass twinheartsalliance@gmail.com

- Oliver Martin (President) 438-880-5087

Youth & Young Adults

TO DONATE OR MAKE PAYMENTS TO CORPUS CHRISTI PARISH:

- cash or cheque** in the offertory basket, by using envelopes or to the office
- E-Transfer** to waf4corpuschristi@yahoo.com.
- Direct Deposit** using a Pre-Authorised Transfer made from your bank to the Church Payment Form online at our website & arrangements by contacting the office;
- online by credit card or PayPal**, at www.corpuschristiparish.ca/giving ,or or directly through www.CanadaHelps.org

- **Anointing of the Sick and Pastoral Visits:** Please contact the church office for information
- **Baptism:** Please contact the church office in ample time before the intended date of baptism. All documents are required in the office before the Baptism Preparation Meeting, held monthly at 9:30am on the 2nd Saturday of the month.
- **Funeral and Memorial Masses:** Please contact the church office for information
- **Marriage:** contact the office eight months in advance of the proposed date of the celebration. A preparation program, approved by the Pastor, must be taken in advance

Feed the hungry. Give drink to the thirsty. (Mt 35: 35)

Violet Angel

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