

February 1 & 8, 2026

Third & Fourth Sundays in Ordinary Time



Sunday Masses

Saturday: 17h00

Sunday: 10h00

Sunday: 15h00 *

* in Tagalog and English
with visiting priest Fr. Jerome Pastores

Reconciliation

By appointment, or ½ hour before Mass
(1st Fridays & 1st Saturdays from 8:30am,
Saturdays from 4:30 pm, and,
Sundays from 9:30am)

Weekday Masses

Tuesday: 19h00

(Rosary at 18h30 – Mass includes a
devotion to Our Lady of Perpetual Help)

Wednesday: 9h00

Thursday: 9h00

Friday: 9h00

(followed by Adoration)

First Saturday: 9h00

(Rosary at 8h30, and followed by Adoration)

Welcome to Corpus Christi Parish

We hope our community will be a place where your life and faith can be nourished. Your talents, prayers, time and presence are all very welcome.

The Lord keeps faith forever,
secures justice for the oppressed,
gives food to the hungry.

PSALM 146:6-7



young-catholics.com

The Lord keeps faith forever,
secures justice for the oppressed,
gives food to the hungry.
The Lord sets captives free.
The Lord gives sight to the blind;
the Lord raises up those who were bowed down.
The Lord loves the just;
the Lord protects strangers.

MASS SCHEDULE & INTENTIONS

Saturday	January 31	
5 pm	Susan & Deacon Lawrence Farley	(Angela Martins)
Sunday	February 1	FOURTH ORDINARY
10am	Willy & Charissa De la Vega, on their 21st Wedding Anniversary	
	Health and healing to S.K. Gene Ocidacz	(Marc Rispler)
3 pm	<i>(in English & Tagalog)</i>	
Tuesday	February 3	
7 pm	For the intentions of the People of the Parish	(PRO POPULO)
Wed.	February 4	
9 am	† souls in purgatory †	(Doug Kennedy)
	† Gerard & Agath Vachon †	(Gisèle Pharand)
Thursday	February 5	
9 am	Carle & Dumas bothers and sisters, & their families (a family member)	
FIRST FRI.	February 6	ADORATION
9 am	the conversion of Jean's children & grand-children	(a family member)
FIRST SAT.	February 7	ADORATION
9 am	† souls in purgatory †	(Potts family)
	† deceased members of the Martins & Fernandes families (Angela Martins)	
Saturday	February 7	
5 pm	† Gordon Barrett †	(Tina Labbé & Anne O'Connor)
	† Richard McBrien, former principal of VLHS †	(Deacon Farley)
Sunday	February 8	FIFTH ORDINARY
10am	For all couples, married and those preparing to marry	
3 pm	<i>(in English & Tagalog)</i>	
Tuesday	February 10	
7 pm	† Eugene Gromack & souls in purgatory †	(Doug Kennedy)
Wed.	February 11	
9 am	† Maureen & John Murray †	(Murray Estate)
	† Raphaela B. †	(Gisèle Pharand)
Thursday	February 12	
9 am	For the intentions of the People of the Parish	(PRO POPULO)
Friday	February 13	ADORATION
9 am	† Souls in purgatory †	(Potts family)

SANCTUARY LAMP – For the week of February 1

Protection and help to those without shelter, the homeless and refugees

SANCTUARY LAMP – For the week of February 8

† Florence Hung † (her sister & family)

PAPAL INTENTIONS for JANUARY 2026 – *That praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.*

PAPAL INTENTIONS for FEBRUARY 2026 – *Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.*

PARISH LIFE

First Reconciliation

Please pray for the 20 children and youth who will be making their First Reconciliation on **Saturday, February 8, at 10am.**

Lauren Alumaga

Antonio Carmolinga

Liam Cruz

David Ekimov Diaz

Gabriel Guafin

Eliannah Jacques

Zaki Lacerna

Dhon Pineda

King Regis

Seth Silo

Israel Anderes

Lawrence Chapman

Madison Despatie

Daeneris Galam

Emilyn Jacques

Ciel Juan-Advincula

Cassidy Parungao

Gabriele Pineda

El Sebastian Roxas

Shane Silo



You are invited to pick a name from the basket on the credenza to pray for a specific child as they prepare for this Sacrament.

**The Parish Office is closed for the next two weeks,
from Wednesday, January 28, reopening Tuesday, February 10.
In case of emergency, please contact Fr. Stephen Otvos.**

First Saturday Rosary & Mass

You are invited to join fellow parishioners at First Saturday Mass, February 7, 9 am, following the First Saturday Rosary Devotion to Our Lady of Fatima prayed at 8:30 am. Confession is available before Mass, during the Rosary.

DOUBLE-UP SUNDAY IS NEXT WEEKEND – February 8

Palms to Ashes

The Ashes used to mark the beginning of Lent come from the branches that were blessed and distributed the previous Palm Sunday of the Passion of the Lord.

You are invited to **bring in your old palms**, leaving them on the credenza by the entrances. They will be collected, burnt and blessed, in preparation for our **Ash Wednesday Masses, February 18, at 9 am and 7 pm.**



SUNDAY READINGS:**February 1, 2025****First Reading:**

Zephaniah 2: 3 – 3: 12-13

*I will leave in the midst of you a people humble and lowly.***Responsorial Psalm:**

Psalm 146: 6-10

*℟(M 5: 3): Blessed are the poor in spirit; the kingdom of heavens is theirs!.***Second Reading:**

1 Corinthians 1: 26-31

*God chose what is weak in the world..***Gospel:**

Matthew 5: 1-12

*Blessed are the poor in spirit.***SUNDAY READINGS:****February 8, 2025****First Reading:**

Isaiah 58: 6-10

*Your light shall break forth like the dawn.***Responsorial Psalm:**

Psalm 112: 4-9

*℟: Light rises in the darkness for the upright.***Second Reading:**

1 Corinthians 2: 1-5

*I proclaimed to you the mystery of Jesus Christ, and him crucified.***Gospel:**

Matthew 5: 13-16

*You are the light of the world.*For further reflection on the Readings and Gospel, visit: <https://readings.livingwithchrist.co/>

ON THE LITURGICAL CALENDAR

The feast days of the Church are not just the commemoration of historical events; they also look to the present and the future, and give us an insight into our own relationship with God.

February is devoted to the Holy Family

Sunday, Feb. 1 – Septuagesima Sunday / Shrovetide begins

Monday, Feb 2 – Presentation of The Lord, Candlemas, World Day for Consecrated Life

Thursday, Feb 5 – Anniversary of the Dedication of the Cathedral of Christ the King

Sunday, Feb. 8 – International Day of Prayer and awareness against Human Trafficking,

Sunday, Feb. 8 – World Marriage Day

Wednesday, Feb. 11 – World Day of the Sick

Saturday, Feb. 14 – Valentine's Day

PARISH PRAYER GROUPS – All prayer requests are welcome.† Rosary & Novena to Our Lady of Perpetual Help**Tuesday Evening, 6:30 - 7 pm, at Corpus Christi before Mass**† Men's Prayer Group, Last Wednesday of the month, 8 pm† Online Rosary, Wednesday evenings, 7 pm, via ZOOM<https://us02web.zoom.us/j/2524950337?pwd=Y1VlaFBuUmQ2ckU5QjZCQWWM3NDNpZz09>

Meeting ID= 252 495 0337

Passcode: 082853

† Online Chaplet of Divine Mercy, Thursday evenings, 6:30 pm, via ZOOMContact the Parish Office to be added to the **private ZOOM link**† Online Rosary, Saturdays, 7:30pm, via ZOOM, <https://us04web.zoom.us/j/73141692808?>

The Nicene Creed Explained – Part 28

(By Evelyn Martins, Parish Catechetical Leader, Corpus Christi Parish)

We continue our reflections on the statement:

I look forward to the life of the world to come

In this article, we reflect on the end of time, which will occur after the Last Judgment (explored in Part 27).

In order to fully understand the end of time, we have to look back to the beginning of time when God created the heavens, the earth and human beings. “God saw everything that he had made, and behold, it was very good” (Genesis 1:31). Death, disunity and evil entered the world through original sin. “Because creation comes forth from God’s goodness, it shares in that goodness” (CCC 299). Thus, at the end of time, God will not discard what he has created but rather will transform everything into perfection, including the earth and the universe.

“At the end of time, the Kingdom of God will come in its fullness. Then the just will reign with Christ for ever, glorified in body and soul, and the material universe itself will be transformed” (CCC 1060).

“Sacred Scripture calls this mysterious renewal, which will transform humanity and the world, ‘new heavens and a new earth’” (CCC 1043), prophesied by Isaiah (65:17) and written by Saint John in his visions in the Book of Revelation.

And I saw the holy city, new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband; and I heard a great voice from the throne saying, “Behold, the dwelling of God is with men. He will dwell with them, and they shall be his people, and God himself will be with them; he will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning nor crying nor pain any more, for the former things have passed away (Revelation 21:2-4).

“The Church... will attain its full perfection only in the glory of heaven, when there will come the time of the restoration of all things. At that time the human race as well as the entire world, will be perfectly reestablished in Christ” (Paul VI, *Lumen Gentium*, 48).

“Nature itself, since it was subjected to the senselessness, degradation and devastation caused by sin...shares in the joy of the liberation achieved by Christ in the Holy Spirit” (John Paul II, *General Audience of 14 February, 2001*, 4). “The visible universe, then, is itself destined to be transformed, ...restored to its original state” (CCC 1047).

[With the new heavens and a new earth], the full realization of the Creator's original plan emerges: that of a creation in which God and man, man and woman, humanity and nature are in harmony, in dialogue and in communion. This plan, upset by sin, is restored in the most marvellous way by Christ" (John Paul II, *General Audience of 14 February, 2001*, 4).

"It will be the definitive realization of God's plan to bring under a single head 'all things in [Christ], things in heaven and things on earth'" (CCC 1043).

We *look forward* to the life of the world to come in the new heavens and new earth "in which happiness will fill and surpass all the desires of peace arising in the hearts of men" (CCC 1048) and where the righteous reunited with their resurrected bodies will enjoy the beatific vision of God which will be the "ever-flowing well-spring of happiness, peace and mutual communion" (CCC 1045).

He who sat upon the throne said, "Behold, I make all things new"
(Revelation 21:5)

This concludes our reflections on the statement: *I look forward to the life of the world to come*

"The Nicene Creed explained" continues next week, with our final article.

See our website for an introduction to the Nicene Creed and explanations of earlier sections: www.corpuschristiparish.ca/nicene Creed

Please pray for those who are sick and for those who suffer, for those who have died and for those who mourn, and ask special blessings for:

Ghislaine Balkar; Michael & Pierre Dagher; Kiana Dyson, Lorant Otvos
†Diane Claire Lafave Bissegger; †Joseph J. Bourdeau; †Tyler Buenviaje;
†Pierre Carle; †Gregory Carson; †Charles (Chuck) Colomb;
†William (Bill) Cosgrove; †Andy Csisztu; †Heidi Dallenbach; †Gene Gauzer;
†Val Hulse; †Lily Kemp; †Ester Mabilangan Carpio; †Donald "Ian" MacDonald;
†Brenda Gremli Marshall; †Joseph André Jean Plante; †Jonathan Potts; †Abbé Pierre Senez; †Fr Mike Shaw; †William "Bill" Simpson; †Logan Stretton; †Catherine Tucker

To add the name of someone for whom you would like prayers, please contact the Parish Office at 514-450-3896 or office@corpuschristiparish.ca

COMMUNITY EVENTS



Development and Peace-Caritas Canada is the Canadian Catholic organization for international development in the Global South. This Lent, we will be highlighting our partner *Justiça nos Trilhos* who succeeded in making a difficult choice when an 892 km railroad was built to service one of the worlds largest open-pit iron ore mines in North-East Brazil.

Come get 'On Track for Justice' at the **Share Lent formation, Saturday, January 31, 9:30am-12noon**, at St. Edmund of Canterbury

Register at CentreSudQuebec@devp.org or 438-943-6771 (Kim Piché).

(ST. EDMUND OF CANTERBURY PARISH, 105 Beaconsfield Blvd, H9W 3Z8)

Widow and Widower Support Group – ZOOM

Losing a spouse impacts every part of life. Join others who are also journeying through grief. The group meets online the first Monday of every month and has regular in-person gatherings. This is a faith-based group. You are welcome to share or just listen. Open to all, those whose losses

are many years past or very recent. The next meeting will be held, **February 2, 7- 8.30 pm**. Info: cmacaulay@diocesemontreal.org or 514-925-4300 ext.354. Join online at:

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514-925-4300 ext.354. Join online at:

<https://us06web.zoom.us/j/84326807892?pwd=zqzqhRQ2GaibXY4612ths9HWbwoB0D.1#success>

Diocesan Celebration of Consecrated Life

On February 2, the Church honours the gift of consecrated life. Archbishop Christian Lépine will celebrate a diocesan Mass **Saturday, January 31, 10:30 am**, inviting religious and faithful alike to gather in prayer, witness, and joyful thanksgiving.

(SANCTUAIRE DU SAINT-SACREMENT, 500 Mont-Royal East, Montréal)

Feast of the Flame of Love – Monday, February 2, 2026

- In English, at **Saint Joseph Oratory of Mount Royal Monday, February 2, at 12:15pm Mass** (3800 Queen Mary Road Montreal)
- In French at **Mary Queen of the World Cathedral, Monday, February 2, at 6:30pm Mass**, (1085 Cathedral Street Montreal))

Visit the Canadian website <https://www.theflameoflove.org/en/>

34th World Day of the Sick

Faithful, caregivers, and volunteers are invited to Saint Isaac-Jogues Church on Saturday, **February 7, 2026**, for a day of prayer, fellowship, and compassionate presence, answering the Holy Father's call to stand with those who suffer in love and solidarity.

(ST. ISAAC JOGUES PARISH, 1335 Rue Chabanel E, Montréal)

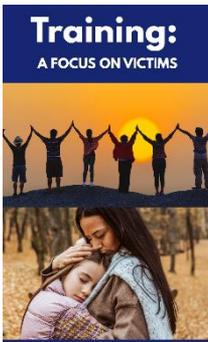
World Marriage Day Mass for couples

Saturday, February 7, 5pm, couples are invited to join Archbishop Christian Lépine in celebrating World Marriage Day at a bilingual diocesan Mass at Mary, Queen of the World Cathedral, in partnership with Worldwide Marriage Encounter. Couples may renew their vows and receive a special blessing for their families.

(MARY QUEEN OF THE WORLD CATHEDRAL, 1085 rue de la Cathédrale, Mtl.)



Focus on the Victim Training



The Archdiocese of Montreal continues its commitment to fostering healthy, safe, and accountable parish environments by offering Focus on Victims of Abuse formation sessions this winter. The training is **offered to parish volunteers, churchwardens, catechists, and parish staff**, and is designed to deepen awareness of the impact of abuse, encourage sustained vigilance, and strengthen a culture of prevention, responsibility, and attentive listening at the heart of our Christian communities.

Two full-day sessions (held in person) are being offered in English

1. **Saturday, February 21, 2026, 9am-4pm**
Annunciation Parish (75 Roosevelt Avenue, Mount-Royal)
2. **Saturday, May 16, 2026, 9am-4pm**
St. John Brébeuf Parish (7777 George Street, LaSalle)



There are also 3 French in-person formation sessions being offered, and one online, via Zoom – **Tuesdays, March 3, 10, 17 & 24, 19h to 20h30.**

To Register: <https://forms.Focus+on+Victims+of+Abuse+Training+-+2026+Winter+Spring+Sessions>

COMMUNITY RESOURCES AND SERVICES

For abuse-related complaints or concerns contact the **Diocesan Ombudsman, Me. Marie Christine Kirouack, Ad. E.**
plainte@ombudsman-ecm.com , 514-PLAINTE or 514-752-4683

Some spiritual support services in our region:

SASMAD: Spiritual support service for the elderly or sick at home
 Available 7 days a week, from 10 am to 4 pm at 1-888-305-0994

Carmelite Sisters: 514-271-6957

Missionary Recluses: 514-648-6801

Le Pèlerin: Spiritual accompaniment 514-737-6262, info@lepelelin.org
www.lepelelin.org/portail/nos-services/laccompagnement-spirituel/

The Ignatian Spirituality Centre of Montreal 514-481-1064,
 For spiritual accompaniment or direction <https://ignatiantcentremtl.org/>

Spiritual Support Line 1-888-305-0994

For more resources, call 211, www.211.ca

A.A.	514-376-9230
Al-Anon (Families of Alcoholics)	514-866-9803
Archdiocese of Montreal	514-931-7311
Catholic Action Montreal	https://catholicaction.ca/
Eden Invitation – for Catholics with LGBTQ+ experiences looking for "community with others who desire a way of life in congruence with Christ and His Church"	www.edeninvitation.com
Gambler's Anonymous, Montreal	514-484-6666 http://gamontreal.ca/
Gam Anon (for those affected)	514-484-6666
Catholic Cancer Connection www.facebook.com/groups/664142594894288	Debbie: 514-674-1233 catholiccancerconnection@gmail.com
Episcopal Vicar - Fr. Raymond Lafontaine	514-931-7311
MOMENTUM – support for Catholic single mothers	https://www.momentummothers.org
Quebec Life Coalition: – Pregnant? Worried? Need Help?	1-855-871-4442 514-344-2686
Red Bird Ministries (Support after loss of a child)	www.redbird.love/
Tel Aide (listening line)	514-935-1101
Violence S.O.S. Hotline	1-800-363-9010
Volunteer community@volunteerwestisland.org	514-457-5445
West Island Women's Shelter (https://wiws.ca)	514-620-4845
Widow and Widower Support Group	1-888-305-0994 (SASMAD) 514-925-4300 ext.354

Stay Informed

Parish news can be found at www.corpuschristiparish.ca.

For news from the diocese, subscribe to the Newsletter of the Catholic church of Montreal www.diocesemontreal.org/en/news-and-info/newsletters The diocesan **Grapevine** includes the latest information about what is going on the Montreal English Catholic community: thegrapevine@diocesemontreal.org

CORPUS CHRISTI PARISH CONTACTS

A community of faith – A place of service – A home for all

Parochial Administrator: Father Stephen Otvos 514-457-3896
fr.stephen.otvos@corpuschristiparish.ca

Parish Secretary*: * Johanne Babb 514-457-3896

Church Office Hours: Tuesday – Friday, 9:30 am – 1:30 pm
Contact the office for: office@corpuschristiparish.ca

Accountant: Bill Fletcher 514-501-8800

Wardens

Ron Barrowcliffe	514-457-2854	2026
Ken Bell	514-883-7738	2027
Jean Foster	514-457-9288	2027
Kevin Shanahan	514 994 5598	2026
* Stan Vincelli	514-975-7749	2028
Wally Rowcliffe	514-916-0277	Chair

***Pastoral Council** Jules Aubé (chair) 438-257-1477 jules.aube@videotron.ca
* Members of the Pastoral Council have an asterisk before their name

Faith Formation 514-457-3896 ccfaithfirst@gmail.com
* Evelyn Campbell, (Parish Catechetical Leader)
Carol Ruano, (Assistant PCL)

Altar Society Denise Fidia 514-619-4858 denise.fidia@gmail.com

Baptismal Team * Philomena Netto 514-694-0522 corpuschristibaptism@gmail.com

Knights of Columbus GK Marc Rispler 514-694-8366 marc.rispler@videotron.ca

Parish Pantry Karen Berardi karenlaporte29@yahoo.com

Pastoral Home Care Anne Parsons, Dan Wheeler pastoralhomecare@gmail.com

Prayer Team Terry Girouard 514-777-7592 terry@evanov.ca

Readers Neville Lyall 438-883-9217 nevillelyall@gmail.com

Responsible Pastoral Ministry RPM@corpuschristiparish.ca

Sacristan / Eucharistic Ministers / Altar Servers
* Marites Gannaban 514-425-6040 gannabanm@hotmail.com

Social Action & Social Justice

Social Events * Rose Marie Colameo rosiecheeks_1@msn.com

Twin Hearts Alliance / Filipino-English Mass twinheartsalliance@gmail.com

* Oliver Martin (President) 438-880-5087

Youth & Young Adults

TO DONATE OR MAKE PAYMENTS TO CORPUS CHRISTI PARISH:

- cash or cheque** in the offertory basket, by using envelopes or to the office
- E-Transfer** to waf4corpuschristi@yahoo.com.
- Direct Deposit** using a Pre-Authorised Transfer made from your bank to the Church Payment Form online at our website & arrangements by contacting the office;
- online by credit card or PayPal**, at www.corpuschristiparish.ca/giving ,or
or directly through www.CanadaHelps.org

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- **Anointing of the Sick and Pastoral Visits:** Please contact the church office for information
 - **Baptism:** Please contact the church office in ample time before the intended date of baptism. All documents are required in the office before the Baptism Preparation Meeting, held monthly at 9:30am on the 2nd Saturday of the month.
 - **Funeral and Memorial Masses:** Please contact the church office for information
 - **Marriage:** contact the office eight months in advance of the proposed date of the celebration. A preparation program, approved by the Pastor, must be taken in advance

Feed the hungry. Give drink to the thirsty. (Mt 35: 35)

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514-378-6859

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